



About Global Academy of Technology (GAT)

Established in 2001, Global Academy of Technology is one of the most sought after Engineering and Management institution in Bengaluru accredited with NAAC 'A' grade under the auspices of National Education Foundation. It has a clear vision of becoming a premier institution imparting quality education in engineering and management to meet the changing needs of society. The geographical location of the institute, its exclusive green campus, iconic architecture and its passionate and experienced faculty makes learning a unique experience. The campus brims with more than 3000+ students and 300 experienced faculty members and staff involved in effective Teaching and Learning Process.

Institute Vision:

Become a premier institution imparting quality education in engineering and management to meet the changing needs of society.

Institute Mission:

- ☞ Create environment conducive for continuous learning through quality teaching and learning processes supported by modern infrastructure.
- ☞ Promote Research and Innovation through collaboration with industries.
- ☞ Inculcate ethical values and environmental consciousness through holistic education programs.

About Counseling center

The counseling center at Global Academy of Technology was initiated with the vision of fostering holistic development of students by addressing their social, emotional and psychological needs apart from their regular academics.

The center provides professional, confidential, effective and accessible counseling and guidance service, in a friendly and non-threatening setting and act as a resource for faculty & Parents in managing behavioral and psychological issues pertaining to students. The center overlooks the periodic proctoring system in the college and offers individual counseling, parental counseling, crisis intervention and referral service to its students.

About the 5-day program:

Global Academy of Technology in collaboration with VTU and with technical support from NIMHANS is organizing a 5-day skill enhancement program for professionals interested in counseling and guiding college students. The program shall specifically address the present day challenges faced by students on and off campus and the different skills and techniques required by counselors, mentors and, teachers to help students.

Who can attend this program?

- ☞ Faculty members interested in student mentoring and holistic development of students.
- ☞ Counselors, Psychologists and other mental health professionals.
- ☞ Administrators engaged in student welfare.

Why attend this program?

College counselors, mentors and teachers face unique challenges in helping their students cope well with the pressures of adolescent years. Professionals working with college students need no introduction to how our students are affected by modern technology, easy and constant access to internet, dating and gaming sites, the influence of media and changing socio-cultural perspective of today's youth. These issues also place demands on counselors, mentors and teachers to constantly improve their approach in helping students. This is a unique opportunity for professionals working with college students to upgrade their knowledge, understand standard practices, and interact with experts and build their professional network. The program is particularly geared towards helping college counselors, mentors, and teachers improve technical knowledge and hone skills required to help today's youth.

Program objectives:

The object of the program is to help participants:

- ☞ Learn skills and techniques to address the most common issues encountered by college counselors.
- ☞ Equip with knowledge, skills and appropriate attitude to help students.
- ☞ Gain a higher level of understanding of normal adolescent behavior.
- ☞ Gain information on mental health issues among students.

Program Schedule:

Day -1 : Inauguration.

Identification of minor & major mental health issues and effective management.

Day -2 : Recognizing & effectively managing the broad range of normal adolescent behavior - Teen defiance adjustment issues, group behavior, peer pressure teen experimentation and risky behavior.

Day -3 : Can a teacher be a counselor? Essential qualities & skills for counselors and building effective relations with students.

Day - 4 & 5: Most common issues faced in colleges - ambivalence towards seeking help internet dependency, bullying, online stalking, online dating, suicide threat, assessment and management. Collaborating with parents and parental counseling for improving family dynamics.

Closing ceremony

Distribution of certificate.

Resource Persons

Experts from Department of Child and Adolescent Psychiatry, NIMHANS will be conducting various sessions. Check updates on our website: www.gat.ac.in

Important Date:

Last date for Registration: **15th January, 2019**

Limited seats available (upto 5 registrations available per institute)

Venue:

Seminar Hall, Global Academy of Technology, Bengaluru.

GLOBAL ACADEMY OF TECHNOLOGY

Bengaluru - 560 098

COUNSELING CENTER

A 5-day Skill Enhancement Program for mentors,
teachers and counselors on

“HELPING OUR STUDENTS THROUGH THE COLLEGE YEARS”

21st - 25th January, 2019

REGISTRATION FORM

Name: _____

Qualification: _____ Designation: _____

Years of Exp.: _____ Department: _____

Institute/Organization: _____

Address: _____

Mobile No.: _____

Email: _____

Accommodation: Required Not Required

Demand Draft / Online Payment Details:

DD No./ UTR No. : _____

Date : _____ Amount: _____

DD to be drawn in favour of “The Principal, Global Academy of Technology”, payable at Bengaluru or through online payment at following details:

Bank Name: **ANDHRA BANK** Branch: **Rajarajeshwari Nagar,**
A/C No. : **143510011000200** IFS Code: **ANDB0001435**

Signature of Candidate

Signature of the
Head of Institution / Organization
with seal

Chief Patron

Sri. D. K. Shivakumar, Chairman, NEF

Patrons

Sri. S. Lepaksha, Secretary, NEF

Sri. Venkatappa, Additional Secretary, NEF

Sri. D. K. Suresh, Trustee, NEF

Sri. C. Gangadhar Murthy, Managing Trustee, NEF

Sri. K. Srinivas, Trustee, NEF

Smt. Usha Shivakumar, Trustee, NEF

Ms. Aishwarya D. K. S., Secretary, NEF (Schools)

Organizing Chair

Dr. N. Ranapratap Reddy, Principal, GAT

Program Convener

Mrs. Pavithra S Raghava

Student Counselor, GAT

Mobile: +919845468174 Email ID: pavithra.raghava@gat.ac.in

Co-ordinators

Mrs. Manjula R, Assistant Professor, Dept. of Physics, GAT

Mrs. Bhagyashree Hanji, Assistant Professor, Dept. of CSE, GAT

Mrs. Krupa KS, Assistant Professor, Dept. of ISE, GAT

Mrs. Mamatha D, Assistant Professor, Dept. of ECE, GAT

Mrs. Manasa DN, Assistant Professor, Dept. of EEE, GAT

Mrs. Dhavala, Assistant Professor, Dept. of Civil, GAT

Mrs. Savitha DC, Assistant Professor, Dept. of ME, GAT

Registration Fee:

without Accommodation : ₹ 1000/- per person

with Accommodation : ₹ 1500/- per person

Pay through online transfer or DD.

Send duly filled and signed registration form to our postal address given below **OR** the scanned copy of the registration form to sep@gat.ac.in.

Accommodation and Food:

Clean and well maintained hostel rooms will be provided as sharing accommodation in our newly built hostel. Breakfast and dinner will be served in the hostel. Lunch and other refreshments will be provided to all participants during the 5 day program.

Counseling Center

GLOBAL ACADEMY OF TECHNOLOGY

Ideal Homes Township, Rajarajeshwari Nagar, Bengaluru - 560 098

Telephone: 080 28603158, Telefax: 080 28603157

Website: www.gat.ac.in Email Id.: sep@gat.ac.in

A 5-day Skill Enhancement Program for mentors,
teachers and counselors on

“HELPING OUR STUDENTS THROUGH THE COLLEGE YEARS”

21st - 25th January, 2019



In Association with



VTU, Belagavi

Technical support by

NIMHANS
Bengaluru

Organized by



COUNSELING CENTER

GLOBAL ACADEMY OF TECHNOLOGY

Ideal Homes Township, Rajarajeshwari Nagar,
Bengaluru-560 098, Karnataka, India

www.gat.ac.in

Book-Post

**A 5-day Skill Enhancement Program for mentors,
teachers and counselors on**

**“HELPING OUR STUDENTS
THROUGH THE COLLEGE YEARS”**

21st - 25th January, 2019

To,

Organized by

COUNSELING CENTER



GLOBAL ACADEMY OF TECHNOLOGY

**Ideal Homes Township, Rajarajeshwari Nagar,
Bengaluru-560 098, Karnataka, India
www.gat.ac.in**