Semester: IV

PHYSICAL EDUCATION (SPORTS & ATHLETICS) – Phase-II

Course Code	**:**	1BPE409		**CIE**	**:**	**100 Marks**
Credits: L:T:P	**:**	0:0:1				
Total Hours	**:**	24 P				

Course Outcomes: At the end of the course, the student will be able to

1. Understand the ethics and moral values in sports and athletics
2. Perform in the selected sports or athletics of student's choice.
3. Understand the roles and responsibilities of organisation and administration of sports and games.

Module I : Ethics and Moral Values **4 Hours**

A. Ethics in Sports
B. Moral Values in Sports and Games

Module II : Specific Games (Any one to be selected by the student) **16 Hours**

A. Volleyball – Attack, Block, Service, Upper Hand Pass and Lower hand Pass.
B. Athletics (Track Events) – Any event as per availability of Ground.

Module III: Role of Organisation and administration **4 Hours**

Scheme and Assessment for auditing the course and Grades:

Sl. No.	Activity	Marks
1.	Participation of student in all the modules	20
2.	Quizzes /Assignment – 2, each of 20marks	40
3.	Final presentation / exhibition / Participation in competitions/ practical on specific tasks assigned to the students	40
	Total	**100**