

Registrar,

Visvesvaraya Technological University, Belagavi 590 018

Circular

Sub: Mentoring, Counselling and Psychological support for the students.

Ref: Hon'ble Vice Chancellor's apptoval dated 8.4.2020

This circular is being issued as per the directions of Hon'ble Vice Chancellor.

University has instructed the institutes to form a special group for Mentoring and Counselling the students. Role of this group is extremely important in the present time of crisis.

Also. UGC [Ref.No.1-1/2020(Secy) dated.5.4.2020] has instructed all the institutes to ensure the proper mental health and well being of the students especially in current situation. Students are getting worried and concerned about their future career and life. Making them stress free and psychologically strong is of prime concern.

University directs the institute to initiate the following measures immediately in this regard. We are sure , that many institutes must be practising this.

1. Assign a group of 20-25 students to a faculty member (preferably from the same branch) to mentor.
2. The mentor should call his/her mentee at least once in a week and interact with them understand their difficulties and create positivity.
3. We recommend that, in case of critical cases, this interaction may be done once in 3 days or lesser.
4. Mentors must maintain the records of all the interactions with their mentees.
5. Take the help of professional counsellor or psychiatrist if possible and refer the delicate cases.

We are enclosing herewith the circular received from UGC, which has few video links useful in

such counselling process.

*Colleges are requested to submit an Action taken report in this regard to the undersigned in next 3 days.

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Registrar-VTU

Copy to Hon'ble VC

ACS, HED, Bengaluru