## Aim and objectives of NSS

- 1. To understand the community in which they work;
- 2. To understand themselves in relation to their community;
- 3. To identify the needs and problems of the community and involve them in problem solving process.
- 4. To develop among themselves a sense of social and civic responsibility;
- 5. To utilize their knowledge in finding practical solution to individual and community problems;
- 6. To develop competence required for group-living and sharing of responsibilities:
- 7. To gain skills in mobilizing community participation;
- 8. To acquire leadership qualities and democratic attitude;
- 9. To develop capacity to meet emergencies and natural disasters; and
- 10. To practice national integration and social harmony

The NSS Symbol



The NSS symbol is based on the "Rath" wheel of the Konark Sun Temple situated in Odisha.

The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space.

The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

The Red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit.

The Motto or watchword National Service Scheme is "Not Me But You". This express the essence of democratic living upholds the needs for selfless service and appreciation of the other man's point of view and also to show consideration for fellow human beings. It underline that, the welfare of and individual is ultimately dependent on the welfare of society as a whole. Therefore, it should be aim of the NSS to demonstrate this motto in its day to day program.

## NSS Day

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate programmes and activities.

## NSS Song

During Silver Jubilee Year the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS.

Plan programs and carry out the plan. Relate learning experience towards finding solutions to the problem identified. Record the activities in the work diary systematically and assess the progress periodically and effect changes as and when needed.

The programme officer is expected to motivate student youth to understand the values and philosophy of NSS. The function of PO is to help students to plan, implement and evaluate the activities of NSS under charge and give proper guidance and direction to the student volunteer.