



Phone: 080 – 2656 3530  
Email Ids:  
nssrcbangalore@gmail.com  
nssrc.blr-ka@gov.in



सत्यमेव जयते

भारत सरकार  
Government of India  
युवा कार्यक्रम और खेल मंत्रालय  
Ministry of Youth Affairs & Sports



क्षेत्रीय निदेशालय राष्ट्रीय सेवा योजना  
REGIONAL DIRECTORATE OF N.S.S.

#57/190. R.V. Road, Basavanagudi  
BANGALORE - 560 004  
Date: 29-05-2026

F.No.22/NSS/RD-BLR/NTD/2026-27/303-374

To

All the NSS Programme Coordinators of Karnataka

**Subject: Organisation of "No Tobacco Day" Activities on 31<sup>st</sup> May 2026 – Reg.**

Sir/Madam,

With reference to the communication received regarding India's proposed activities under "**Serve BRICS 2026: Volunteering for a Better Tomorrow**" and our email dated 6th May 2026, all NSS Programme Coordinators are requested to take necessary steps for organizing "**No Tobacco Day**" activities on **31<sup>st</sup> May 2026** in all NSS units under your jurisdiction in an effective and impactful manner by ensuring maximum participation of NSS volunteers and contribution of maximum volunteer hours.

In this connection all Programme Coordinators of NSS in Karnataka are requested to ensure the following:

1. Creation of the event for **No Tobacco Day** on the **MY Bharat Portal** through the respective Knowledge Institution (KI) Accounts.
2. Uploading of photographs and videos of the activities on the **MY Bharat Portal** after completion of the event.
3. Wide publicity of the activities through social media platforms by posting photographs, videos, and activity updates on the respective NSS social media handles.

Further, a consolidated report along with photographs and short videos of the activities conducted may kindly be submitted to this Office **on or before 11:00 AM on 1<sup>st</sup> June 2026** for onward submission to the Ministry.

Your prompt cooperation and necessary action in this regard are highly solicited.

Yours faithfully,

**(GIRDHAR UPADHYAY)**

Regional Director

Copy to:

Dr. Prathap Lingaiah, State NSS Officer, GOK, Bangalore- for kind information & necessary action